

PURE TRIM SHAKE INGREDIENTS



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Serving Size 1 packet (52 g)

+Daily value not established

Percent values are based on a 2,000 calorie diet

Total calories	199		Niacin (as niacinamide with brown rice)	40mg 200%
Calories from fat	45		Vitamin B6 (as pyridoxine HCl with brown rice)	4 mg 200%
Total Fat	5g	8%	Folate (as folic acid with brown rice)	200mg 50%
Saturated Fat	0g	0%	Vitamin B12 (as cyanocobalamin with brown rice)	12mcg 200%
Sodium	130mg	5%	Biotin (with brown rice)	150mcg 50%
Total Carbohydrate	18g	6%	Pantothenic acid (as D-calcium pantothenate with brown rice)	5mg 50%
Dietary Fiber	7g	28%	Phosphorus (as potassium phosphate, magnesium phosphate, and ocean plant)	460mg 46%
Sugars	<1g	+	Iodine (as potassium iodide)	75mcg 50%
Protein (as Non-GMO vegetable pea and wild brown rice)	21g	42%	Magnesium (as magnesium phosphate and ocean plant)	200mg 50%
Vitamin A (as retinyl palmitate with West Indian lemongrass)	2,500 IU	50%	Zinc (as zinc oxide)	7.5mg 50%
Vitamin C (as ascorbic acid and sodium ascorbate)	150mg	250%	Selenium (as sodium)	35mg

and with camu fruit and wolf berry [Lycium barbarum])			selenite)	50%
Calcium (as green plants, sesame seeds, kale leaf, and spinach leaf)	500mg	50%	Copper (as copper oxide)	1mg 50%
Vitamin D3 (as cholecalciferol)	200 IU	50%	Manganese (as manganese sulfate)	1mg 50%
Vitamin E (as d-alpha-tocopheryl acetate)	15 IU	50%	Chromium (as chromium dinicotinate glycinate)	60mcg 50%
Thamin (as thiamin mononitrate with brown rice)	3mg	200%	Molybdenum (as sodium molybdate)	37.5mcg 50%
Riboflavin	3.4mg	200%	Potassium	680mg 19%
Protein Complex				25g
Non-GMO vegetable pea protein concentrate and Non-GMO wild brown rice protein				+
Mediterranean Essential Fatty Acid Blend				8000mg
(Containing Omega 3,6 fatty acids) Safflower oil complex, almond oil, flaxseed oil, grape seed oil, olive oil, and sesame seed oil				+
Prebiotic and Enzyme Blend				6000mg
Fibersol-2™ (soluble fiber glucose polymer complex), bromelain, guar gum, gum acacia, inulin, lipase, and protease				+
Ionic Plant Trace Mineral Blend (from ocean plant)				1600mg
				+
Anti-Stress & Energy Blend				215mg
Green tea leaf extract, cinnamon twig extract, greater galangal root extract, passionflower (whole plant and flower), 50HTP (from Griffonia simplicifolia seed), American ginseng root extract, apple pectin, cayenne fruit, chamomile flower, citrus pectin, ginkgo leaf extract, jujube fruit, lemon balm leaf, licorice root extract, Asian ginseng root extract, peppermint leaf, rhodiola root extract, stevia leaf extract, and mate´ leaf extract				+
Mediterranean Skin & Digestion Blend				100mg
Olive leaf 4:1 extract, artichoke leaf 4:1 extract, grape leaf extract, pomegranate fruit extract				+
Super Greens Blend				100mg
Alfalfa leaf, asparagus spear extract, bitter melon fruit extract, broccoli floret, Brussels sprout leaf, cabbage leaf, cauliflower floret, chlorella, mustard seed, nettle leaf, and spirulina				+
Other Ingredients: natural flavors, gum blend (cellulose gum, xanthan gum, and carrageenan), silica, sucralose, sea salt, stevia leaf extract.				
<i>Fibersol-2™ is a trademark of Matsutani America.</i>				

